

Post: Self Pollinating Crops list to avoid the bee (and other pollinators)



Created by [Brittany Bunk](#) on 17-May-2021

 Research

 [Animal Rights](#), [Being Vegan](#), [Branding & Marketing](#)


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Content

Avoiding insects for pollination of our food supply helps to avoid unnecessary animal exploitation, as insects are animals and we don't need them to survive.

"pollinators are not required to make fruit on these plants. In fact, if you are concerned about a lack of pollinators in your garden, you can replicate their action by gently tapping the stems or brushing against the plants as you walk by.

- Tomatoes → [Learn about growing tomatoes](#)
- Eggplant
- Peppers
- Legumes: beans, peas
- Okra"

See more at: <https://youshouldgrow.com/self-pollinating-plants/>

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