

Post: Why No One Ate Meat in Japan for 12 Centuries



Created by [Brittany Bunk](#) on 10-Jun-2021

 Article

 [Animal Rights](#), [Community](#)


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Content

"Once upon a time eating meat — especially beef — would have landed you in some serious hot water in [Japan](#).

According to [Atlas Obscura](#), for 1,200 years prior to 1872, the consumption of meat was considered a real taboo (unless you were a member of the upper classes, who maybe ate meat for “medicinal purposes”). If a regular [Japanese](#) person was seen to be eating the flesh of an animal, they would face serious punishment.

The publication notes that some shrines would demand a person fast for 100 days as penance for eating beef; if they ate pork or venison, a governmental decree required they repent for 60 days."

read more at: <https://www.livekindly.co/meat-japan-12-centuries/>

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Fascinating!

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