

Post: Favorites of vegan brands

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Created by <u>Brittany Bunk</u> on 22-Jun-2020

Recommendation

■ Being Vegan

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Content

Remembering every single brand and item consumed that I liked is hard. However, listing them all helps out one find the 'good stuff' without much effort. What're some of your [secret] favorites that others should know about?

I did the hard work for you, so when you eat vegan, it's the best! No excuses.

Notes:

- Format Brand: product
- Note: my food list avoids gluten, soy, caffeine, palm oil, peanuts, chili pepper, etc.

Food

Supplements:

- e3live: <u>blue majik</u>, <u>E3Live® Original</u>
- anima mundi: collagen booster, amargo
- McDougall's: <u>split pea, lower sodium</u>
- Nutribiotic: raw brown rice protein

Breads:

- carbonaut: gluten-free white bread
- Nature's path: <u>pumpkin spice waffles</u>
- Le Pain des Fleurs: <u>chestnut crispbread</u>
- Go Raw: Flax Snax Zesty Pizza, ginger snap, spirulina

Other:

- Vegan Rob's: <u>cauliflower</u>, <u>brussel sprouts puffs</u>
 just: <u>egg</u>
 organic girl: <u>supergreens</u>
 coconut secret: <u>original nectar</u>, <u>aminos</u>
- foodies vegan: pumfu
- · ____
- •
- * Kitchen & Love Vegetable Quinoa Medley Pouch
- * spreads:
 - the hummus guy: <u>original</u>
 - rabbit hole foods: <u>tuna, egg, chix</u>

Dessert:

Nats rawline - Raspberry – Passion fruit raw cakes

EVERYDAZE: Essential C's Konjac Jelly Sejoyia: salted caramel coco thins

Matterhorn Gourmet - Grain Free Original Granola

Sticky Lickits: Spongebob SquarePants





chloe's - salted caramel

• Coconut Collaborative: coconut yogurt

- Huel: unflavored gluten free
- Ripple: unsweetened milk, vanilla ice cream, unflavored protein powder
- Miyoko's: European Style butter, fresh mozzarella (as cream cheese)
- Silk: almondmilk yogurt (peach, berry), greek yogurt
- So Delicious: Snickerdoodle ice cream, cocowhip
- Good Karma: Sour Cream
- Follow Your Heart: cheese slices (except Jack and cheddar), feta, soy-free vegenaise
- Mamma chia: unsweetened milk, squeezes, beverages
- Coconut Bliss: ginger cookie ice cream
- Califia Farms: pecan caramel creamer, oatmilk, barista oat half and half (reg, pumpkin spice)
- Earth Balance: coconut/olive/avocado oil spread
- Laava: blueberry yogurt, milk
- Yvonne's: goatless cranberry & dill
- Margeaux & Linda's Vegan Kitchen: Pepita Pesto Wrap, Classic Vegan Alfredo, halva
- Three Trees: pistachio milk
- Kiito: vanilla bean
- goodpop: <u>orange n' Cream</u>
- hippeas: white cheddar, bbq
- ashapops: vegan cheese

Meat:

- Hungry Buddha: Coconut Jerky
- Sophie's Kitchen: shrimp, crab cakes, fish fillets, salmon, black pepper toona
- Lightlife: <u>burgers</u>, <u>sausages</u>
- Cavi-art: <u>caviar</u>
- Chef Ernesto: <u>burgers</u>, <u>meatballs</u>
- Nutburgers: <u>nutburgers</u>, <u>nuttacos</u>, <u>nutballs</u>
- Sunshine Foods: Garden Herb
- Dr. Praeger's: <u>California veggie</u>, <u>perfect</u> burger
- Jersey City Veggie Burgers: White Bean Broccoli Rabe
- upton naturals: bbq jackfruit
- Beyond Meat: cookout classic, fiesty crumbles, links, sweet italian sausage, 1lb beef
- (only the price, not the taste) seed to cuisine: <u>plant-based burger patties</u>
- plant boss: unseasoned plant crumbles
- <u>zen chkn</u> chkn not chicken

Both:

• Daiya: <u>burrito</u>, <u>gluten free pizza</u>, <u>mozzarella sticks</u>, <u>Greek yogurt</u>, mac n cheese

Drinks

soda:

sunwink - Lemon-Rose Uplift Tonic hop wtr - peach

- virgil's: <u>handcrafted root beer</u>
- dry soda co: <u>lavender</u>
- olipop: <u>root beer</u>, <u>orange squeeze</u>

Juices:

- Evolution Fresh: Essential Greens, Super Fruit Greens
- Odwalla: <u>Berries gomega</u>, <u>original superfood</u>, <u>mango tango</u>, <u>mo- beta</u>, <u>blueberry b</u>
- Kimino drinks: <u>sparkling yuzu juice</u>
- tohi: original
- Goldthread: Green Minerals, Lavender Bliss, Honey Rose, Hawaiian Ginger

Non-food

- aerogardens: harvest systems
- * purses ampere creations https://www.amperecreations.com/
- * water shoes like yalox https://www.amporeoreations.com/gp/product/B0798FNCDG

- Soap:

• Venezia: <u>cucumber melon</u>





Add new comment





Comments



Brittany Bunk

20-Apr-2022

I'd put banza, annies, amy's, tattoed chef, etc., but they're not vegan.





2 replies



Brittany Bunk

20-Apr-2022

oggi's americana pizza



Brittany Bunk

20-Apr-2022

Birds Eye Steamfresh Veggie Made Spaghetti Style with Olive Oil Frozen Pasta too



Claire Smith

02-Jul-2020

Excellent linked list Brit!

In cheeses Nour 's company Les Nouveaux Affineurs are my faviurite, genuine French cheeses, there is nirhing else like them! Hopefully the <u>Bryony Tinn-Disbury</u> will soon get her jackfruit slices sellibg in US stores and on pizzas for you to try. For mayonnaise the French brand The Good Spoon has winderful light and creamy mayo and sauces.

In ice cream try Chris Conklin 's Perfect World Ice Cream which is sold in UK and Europe.

Nick Watkins and his brother Tom Watkins formed Mightu Pea to take on the dairy drinks market with a genuine alternative to cow's milk.









Brittany Bunk 22-Jul-2020

I didn't even know about these! French food is great in general, and turns out, vegan French food is too (judging from this video: https://www.youtube.com/watch?v=WYrENpWGnZw).



