

Post: US Banker makes vegan doughnuts in her Kentucky home



Created by [Brittany Bunk](#) on 19-Sep-2021

 Article

 [Being Vegan](#)



5



0



0



0



Content

"Krystal Dillard is on a mission to encourage healthier eating options.

It's 4:30 p.m. in Owensboro, Kentucky. For Krystal Dillard, it's time to make the doughnuts – vegan doughnuts, that is.

Dillard, who has worked at U.S. Bank since 2010, runs an online, vegan doughnut shop that she operates from her home when she's not doing her day job. The business is part of what Dillard calls her own journey back to a healthier lifestyle, a journey that began three years ago when she stopped eating beef and pork. She made the full transition to vegan – avoiding all meat and dairy – in August 2020.

Dillard started posting photos of her meals on her personal Facebook page and launched an online business called The Hippy Herbivore Co. She wanted to encourage other people in her community – a city of 60,000 on the Ohio River about two hours from Louisville – who were thinking about becoming vegan or just looking for healthier eating options."

read more: <https://www.usbank.com/about-us-bank/company-blog/article-library/meet-the-us-banker-making-vegan-doughnuts-in-her-kentucky-home.html>

Comments

Be the first to comment

