



Search



## Post: Metamorphosis - 'accidental' vegan book



Created by [Brittany Bunk](#) on 04-Nov-2021

[Research](#)

[Arts & Music](#)



20

1

0

1

### Content

When I was in school, in English AP 12th grade, we read Metamorphosis by Franz Kafka. Disguised as yet another in-class, required reading to analyze, it was a boring, nonsensical book to me when mixed in with the rest of the books we read in English class, because the teacher wanted us to talk about what we thought the literary books are trying to tell us without researching the background of why the book was made to begin with. I got detached and was clueless about anything I read because of that. Because it was AP class, we read, analyzed, wrote homework, and studied for/did exams using so many different books where none of them related to another in a way to really connect with and draw patterns from in a way to make each book stand out as unique and special. I just needed to be different and I wanted the better way and to take and go that path.

After I left high school, I started to research the backgrounds of the authors and the context of newer books I read. It gave me the insights needed to re-analyze the books I read as a kid. It was really sad that to get an A, I'd have to be sneaky and go against what the teacher wanted us to do, and it just seemed unethical that that underhandedness is what it takes to get an A. I didn't want to get an A because of it, so I didn't. I waited so long until after the class was over to feel good enough to utilize the skills I felt are best for literary analysis.

While thinking back on this book in particular, I realized it's a pretty vegan book, as it shows how people don't like animals and react horribly to them, when inside they're a soul, just like any human, but with a disliked body that they had no control over changing - no matter how much they tried (like fitting it into human clothes). It just shows that the judgment over looks is an unfair barrier that blocks seeing and interacting with the being inside. Realizing it's about that, I researched further and found out the author [was a vegetarian](#), which I was already figured out beforehand.

It just goes to show what's hidden in plain sight that takes a different perspective to see. It'll be awesome to see and find out what else is vegan that was in front of me the whole time. I guess that's the beauty of being vegan - the secrets unfold slowly, but surely.

Add new comment



### Comments



[Claire Smith](#)

04-Nov-2021

Very powerful and disturbing book

• 1 Like |

