

## Post: \*The\* video for someone to go vegan



Created by [Brittany Bunk](#) on 06-Nov-2021

 Video

 [Being Vegan](#)



10



0



0



0



### Content

If you ever get asked by others 'how do I go vegan?' or someone says they want to and need help, this is the first video to show them:

#### Plant-Based Eating: First 21 Days



**Note:** be sure to watch the video yourself first to: 1) make sure it's useful, 2) be able to answer questions about it

### Comments

Be the first to comment

