



Search



Post: Vegan Alternatives



Created by [Brittany Bunk](#) on 16-Jul-2020

Recommendation

[Being Vegan](#)



13



2



2



4



Content

Non-vegan	Alt - vegan
Aquarium	Live cam - aquarium, roku
Pet - animal	Cleanup wildlife, rock - pet
Grain - eat	Hand-picked food
travel	virtual travel
Ahi tuna filets	Watermelon, grapefruit, red bell pepper
Fishy taste	nori
mayo	avocado
jello	Cornstarch, arrowroot (?)
Cream, like sour	Hazelnut puree (hazelnut + water) Good karma sour cream + deli mustard
honey	Coconut nectar (honey without the bee), date honey (water from soaked dates)
Meatloaf	Potato + lentils
Egg white	Coconut shreds
Animal testing - drugs	Computational drug discovery
Crepe	Rice sheets
sweetened condensed milk, white chocolate	watermelon seed butter
marshmallow	mushroom, marshmallow root

Add new comment



Comments



[Brittany Bunk](#)

18-Jul-2020

Sunscreen for calcium supplements to prevent coral reef damage



[Maira Salazar](#)



👍 • 1 Like | ↻ • 1 Reply



Brittany Bunk

18-Jul-2020

I didn't write it well, but actually the ones I wrote aren't complete substitutes - protein for starch. I think agar-agar's the same. I wonder what can really substitute it to be nutritionally equivalent



Claire Smith

17-Jul-2020

Aquafaba is an acceptable alternative to egg white in many use cases.



👍 • 1 Like | ↻ • 1 Reply



Brittany Bunk

19-Jul-2020

I'll add citric acid here while I'm at :) <https://www.americastestkitchen.com/guides/vegan/what-is-aquafaba>



Brittany Bunk

16-Jul-2020

Another is aloe vera for hair gel



👍 | ↻

