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Post: Vegan-friendly academia



Created by [Brittany Bunk](#) on 22-Nov-2021

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Content

Scholarly - reading, courses:

School unfortunately is filled with reading that isn't vegan, but fortunately some is - it's all about sorting and filtering through to find them. Luckily we get a choice in classes as well as what we read sometimes, as well as what to pay attention to or ignore. This list goes over what is the most to least vegan, so that when students are not knowing what to choose to read or don't realize they're getting into a non-vegan book at school, they will see this list and either know ahead of time or verify if their hunches are true or not. It's to make students' life easier as well as help them know what to do and prepare for what's ahead, because reading an entire book to find out what's vegan and not and potentially face non-vegan content is both inefficient and unnecessary.

Note:

- There's a lot of biases in this post
 - this is based on my education in California, so other people may have different books. Feel free to share if you had a different curriculum. I'm just ranking mine from most to least, as it would at the very least help others judge what they receive, but at the best it might be what everyone else reads and may help them.
 - I'm using my own judgment on how vegan books are, which I may be right or wrong about
 - if it involves exploitation - a book would be vegan if it's found to be repulsive
 - ex - showing the horrors of animal - cruelty, experimentation
 - I'm thinking back on my memories from my entire life, which is hard for me, so information may be missing to where I might not come to the right conclusion
 - I only speak English - so I can't read other languages and rely on translations
- legend
 - *italicized* - the ones that truly inspired me towards veganism above others
 - **bold and italicized** - credits to [Prad](#)
 - most - fully vegan
 - almost - vegan messaging, but some non-vegan details scattered throughout
 - middle - neutral or somewhat vegan, not really truly
 - least - not vegan at all

My Reading List

Starting point (i.e. what really truly inspires me, in order - warning: can be gruesome and not all of it's written for the purpose of veganism, I just attributed it to that)

- turning point: what really pushed me towards veganism
 - Growing Up Green! Baby and Child Care - volume 2 - Deirdre Imus
- what keeps veganism in mind
 - Herb Growing Book or any gardening book
 - health books
- this one confirmed my values towards veganism
 - The Ones Who Walk Away from Omelas
 - Biomimicry
- created my vegan ideals
 - Utilitarianism
 - Self-Reliance



- Black Beauty
- someone gave me
 - The Good Earth - Pearl S. Buck

Vegan reading lists:


- [magazines](#)
- [Scholarly articles, vegan books](#) - Vegan Hacktivists

Attachments



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Comments



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most children's books are vegan friendly, because in media, violence is determined to be a part of 'growing up', so a lot of adult books are not vegan friendly, as not being vegan is somehow deemed a part of growing up.

