

Post: Turkey or Tofurkey - Thanksliving protein price comparison



Created by [Brittany Bunk](#) on 25-Nov-2021

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Content

"As of the third quarter of 2021, a hearty Thanksgiving dinner serving of turkey costs \$1.42. [A tofurkey \(soybean\) dinner serving with the same amount of calories costs \\$0.66](#) and provides almost twice as much protein."

Read more at <https://fredblog.stlouisfed.org/2021/11/turkey-or-tofurkey/>

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