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Post: Beyond Meat Jerky review



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Content

So I bought both the teriyaki and regular flavors. Here's the pros and cons:

pros:

- high in protein
- allergen-free (unless you're sensitive to legumes)
- if you eat it correctly, it's fine
- it's awesome that beyond meat came out with a shelf-stable product - finally!!
- incredibly realistic - most realistic of all vegan, non-allergenic jerkies
- ridiculously cheaper than other vegan jerkies
 - 1/8 the price of them if you go by bag, 1/2 the price by equivalent sizes.

middle:

- small packaging
 - half the size of most jerky
 - need to eat many bags
 - just the right amount at times
 - can eat 1 1/2 of a regular package
 - too much plastic
- sugar
 - while you don't want to eat a lot of sugar, because it's a snack, you also don't want too much of a blood sugar drop at a time when you're hoping a snack gives a boost
- salt
 - really salty - will be drinking water a lot
 - kind of need it to think better - it's a neurochemical/transmitter

Cons:

- like most recent beyond meat products, it's poorly executed
 - both bags are mislabeled
 - original should be called - 'black pepper'
 - it's overly spiced to be called original
 - teriyaki should be called - 'caramelized onion' or 'garlic and caramelized onion'
 - teriyaki should have ginger and pineapple
 - can be eaten the wrong way and have a bad impression
 - poor flavor
 - not terrible once you get used to it, but still kind of bad
 - goes back to poor marketing of flavor names
 - needs dips or a lack of paying attention to avoid tasting it
 - teriyaki has a dog food taste, original tastes more like mushrooms
 - (maybe that's how meat tastes and I can't remember? I don't believe so)
- canola oil - supports meat industry as a byproduct

Comments



