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Post: Vegan foods of the bible



Created by [Brittany Bunk](#) on 23-May-2022

Reference

Others



39



1



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Content

Biblical series: Part 2. Other parts: [1](#)

Edible Plants

7 Species of the Torah:

- barley
- date
 - i.e. - honey
- fig
- grape
- olive
- pomegranate
- wheat

Note - ref's:

- [Citron \(or etrog\)](#) - 'fruit of godly trees'
- not used as a food - added to the list - if edible
- to a non-food
 - Achira
 - bay
- there may be some missing
 - reasons
 - not
 - adding 's' at the end
 - in my database
 - that I used to make this list
 - botanical or historic names
 - not used - in today's world
- general words
 - grain
 - seed
 - berry
 - grass
 - herb

All:

- aloe
- Almond
- Apple
- ash
- balsam
- Barley
- Buckwheat



- caper
- Cardamom
- Carob
- cassia
- Cedar
- chestnut
- Cinnamon
- coriander
- Corn
- Cucumber
- Cumin
- Date
- dill
- ebony
- Fig
- Flax
- frankincense
- galbanum
- garlic
- ginger grass
- Grape
- henna
- hyssop
- ice
- larch * leek
- lentil
- lily
- lime - chemical
- lotus * melon
- Millet
- Mint
- mustard
- myrrh
- Myrtle
- nettle
- Nut
- Oak
- Oat * onion
- Olive
- Orange
- oregano
- Palm
- Pine
- Pistachio
- Pomegranate
- poplar
- Prune
- Raisin
- Rose
- rue
- Saffron
- Sage
- sandalwood
- Spikenard
- sprouts
- Squash
- sugar
- thistle * water
- Wheat
- willow
- wormwood
- yeast

Comments

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