

Post: Order vegan restaurant meals without breaking the bank



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There are upcharges for changes of menu items that would make a seemingly cheap meal be out of budget. It doesn't have to be this way with a few tricks. I'm using Del Taco as an example, but the methodology can be applied anywhere.

Find free items:

• Add free lime slices

Get sides:

• sides of black beans (refried aren't vegan) and rice are each under \$1 each

Find free substitutions:

- ask for cilantro instead of cheese
- ask for rice instead of meat

Use deals:

• Taco Tuesdays will spread an upcharge over 3 tacos instead of just one on top of its already discounted price

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