



Search



Post: Veganized, non-alcoholic Mint Julep



Created by [Brittany Bunk](#) on 17-Sep-2020

Recipe

[Food & Drinks, Arts & Music](#)



9



0



1



0



Content

I didn't make this personally, so I'm not sure how it would come out, but thought it up in my head (which usually comes out well, if not, it's easy to know where/how to perfect it) and decided to post for the end of summer relaxation. The inspiration comes from Disneyland's New Orleans' Square version seen on <http://www.disneyfoodblog.com/2010/08/05/disneylands-mint-julep-recipe/>:

Ingredients:

- Crème de menthe: sorghum syrup + mint tea
- Key lime la croix (optional)
- Key lime juice
- Whole lemon lemonade
- Garnish
 - Mint sprigs or leaves
 - Pineapple or lemon/lime slices
 - Fresh cherries or strawberries
 - umbrella toothpicks

Follow the instructions on the site (and their proportions) with the modified ingredients and enjoy.

Note: for anything not available, substitutions are an option, like mint puree or oil instead of tea for instance. Also, this version's more whole-food based and less sugary, so modify according to needs.

Comments

Be the first to comment

