

Post: ML (Margeaux & Linda's) Vegan Kitchen: products and review



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- Recommendation
- **■** Food & Drinks

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Content

https://www.mlvegankitchen.com/products

Simple, whole food ingredients. Raw, vegan, soy free, gluten free, nut, grain free options.

At Whole Foods.

Review:

They put out what vegans crave and can't get everyday: raw wraps and pasta (like kelp noodles) and halva with no unknown ingredients. However, they're expensive, hard to come by in all areas, over-rely on cashews (which aren't really grown in the US), and have a lot of packaging.

So it's a great one-time treat or for one who goes to school or has a job to pay for great convenience. It would be nicer if everything was raw to really get what vegans can't, but it's more encompassing than others for satisfying cravings that vegans typically miss out on.

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