

Suggested Claims

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5h ago **vulpesvulpes (1)**

Only the way that food is grown, processed, and packaged necessitates B12 supplementation. Consider the case of orthodox Hindus who were fine until emigrating to London in the mid-1970s.

**SUGGESTED CON**

The linked article above states that the orthodox Hindus were previously sufficient in B12 because their crops were likely insect-contaminated, and "the insects, or their eggs and larvae, contributed a supply of vitamin B12 to the diet." Consumption of insects is not vegan.

4d ago **OwenRube7 (1)**

All humans should be vegan.

**SUGGESTED CON**

Some cultures and people traditionally eat meat as part of their diet or lifestyle.

5d ago **MakeAmericaThinkAgain (19)**

Individuals who follow a vegan lifestyle are better off than those who don't.

**SUGGESTED PRO**

If we believe that it is possible to change human behaviors to help people to be "better people", we should start from convincing people to stop taking drugs and to stop killing each other. If we understand that it's extremely difficult to even stop people from taking drugs, we must acknowledge that veganism is unrealistic idea and that majority of ideological vegans just value lives of chicken more than lives of human beings.

6d ago **MakeAmericaThinkAgain (19)**

All humans should be vegan.

**SUGGESTED CON**

Unlike most other animals that eat animals, humans can eat their own. If humans will become vegans, it's very likely that they will resolve to cannibalism in order to receive nutrients coming from animal food.

6d ago **MakeAmericaThinkAgain (19)**

All humans should be vegan.

**SUGGESTED CON**

In order for people to become vegans, they will have let their dogs and cats starve to death.

7d ago **thaddeustan (8)**

All humans should be vegan.

**SUGGESTED CON**

Humans have been eating both meat and vegetables since the dawn of time. Our humans body have long been evolved to digest both types of food.

12d ago **Niis2004 (1)**

An individual should be free to choose any food they want to eat (without interference).

**SUGGESTED CON**

I agree with the point you should be free to choose the food you want to eat, but is the moral good when you know that you actually killed a animal? I couldn't. Large amounts of animals are killed from people every day. There are studies which are shown, that the meat production isn't good for the climate. Today we have a massive rise of the co2, and this is not good for the future. But, it is your choice to make the world a better

PERPECTIVE All Votes

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44

All humans should be vegan.

14d ago **Lil-pEpTo-Is-My-SeNpAr (4)** Invite

**SUGGESTED CON**

Even without this ban of non-vegan foods people have a struggle of getting food and world hunger is a major global problem. with food limited to vegan food there would be a bigger food shortage.

Accept Reply

Pros Cons

place :)

120 ago  
LeoA (1)

A vegan society would be better for the environment.

SUGGESTED CON  ... 1

It's a fact that meat produce much more co2 than vegan food. But you can't forbid someone to eat meat or generally say what he has to eat. Every body should choose his own meal or what he likes to eat. It's right that the meat production is bad for the environment but the vagen food is also not that great. And if someone could change something it would be the politicals and I think this will never happen. -Leo

130 ago  
Veronika\_Wall-E (1)

A vegan society offers the best way to manage resources.

SUGGESTED PRO  ... 1

It will save our oceans and seas

130 ago  
cadebate (1)

All humans should be vegan.

SUGGESTED CON  ... 1

Many people have religious views that prevent them from being vegans. The Bible tells about people eating animals given by God to sustain them.

140 ago  
Illyria (1)

A vegan society would be better for the environment.

SUGGESTED CON  ... 1

Importation/ Exportation - Consumer benefits while those at the source can be left hanging. Either by economical or supply & demand impact. Examples of this can be seen where import countries purchase/ sell the products at a low cost but the country of origin, prices are pushed up. (e.g. Kenya's ban on avocado exportation. )

140 ago  
Illyria (1)

A vegan society would be better for the environment.

SUGGESTED CON  ... 1

Environmental impact - Soil degradation over time due to chemicals and decades of plunging.

140 ago  
Scaledbeast12 (1)

All humans should be vegan.

SUGGESTED CON  ... 1

Humans can eat whatever they want. factory farming is bad but we dont need to factory farming, just hunting and raising animals in a farm.

140 ago  
oilersfan123 (16)

Industrial farming is driving the sixth mass extinction of life on Earth. [Cf says leading academic at the 'the of Extinction and Livestock Conference'](#)

SUGGESTED CON  ... 0

Industrial farming is far more efficient in terms of greenhouse gases per unit of food produced than the subsistence agriculture practiced in less developed nations.

140 ago  
LiL-pEpTo-is-My-SeNpAi (4)

All humans should be vegan.

SUGGESTED CON  ... 1

Even without this ban of non-vegan foods people have a struggle of getting food and world hunger is a major global problem. with food limited to vegan food there would be a bigger food shortage.


150 ago  
evabonjour (2)

All humans should be vegan.

All humans should be vegan.

SUGGESTED CON  ... 


Industrial farming is utterly unsustainable, and eating a vegan diet does not make anything more sustainable. A vegan living in northern climates must rely on foods being shipped in from all over the world in order to get all their essential nutrients to be healthy, and there is absolutely nothing sustainable about eating foods that are being transported from all over the world. Eating Local is the most sustainable thing to do, and usually that is only possible with an omnivorous diet.

15d ago  
 evabonjour (2)

All humans should be vegan.

SUGGESTED CON  ... 


Veganism is far less sustainable than an omnivorous diet. Broad acre farming of annual plants, which is required to grow vegan alternatives such as soy, releases tonnes of CO2 as the ground must be tilled each year, and acres upon acres of forest must be cut down in order to grow these detrimental monoculture crops. Cows can be pasteur-based, revitalizing the landscape, which does not require any additional water for their feed as they are eating straight off the land.

15d ago  
 GrucellaM (1)

All humans should be vegan.

SUGGESTED CON  ... 


The oldest human alive is 117 and most of her diet is fish and mutton. Which is meat not vegetables.

15d ago  
 Notveganbutnotsure (7)

Farming is not an example of normal predation, but rather mutualism, as farm animals live longer and can breed more successfully than in the wild to where it causes issues for the environment.

SUGGESTED CON  ... 


In fact, due to the success of our domesticated animals it is almost a form of mutualism and not predation. A greater percentage of a farmed population will make it to breeding age and successfully breed than in the wild.

15d ago  
 Notveganbutnotsure (7)

Humans shouldn't be treated differently (i.e. with a double-standard) than other animals, as humans are animals too and tend to eat other animals.

SUGGESTED CON  ... 


But we are the only animal with enough understanding of nutrition to enable us to avoid meat, and be healthy, not really a double standard. Many animals commit infanticide is this a double standard? should we be allowed to kill kids we don't like? no, because we have the mental faculties to do better.

15d ago  
 Notveganbutnotsure (7)

If we leave the animals where the currently are when we go vegan instead of releasing them into the wild, invasiveness won't be an issue.

SUGGESTED CON  ... 

un-managed land is vastly less productive than managed land, if you removed all the fences (except the outer ones) of a farm so the animals could roam free: About three years down the line the un-managed pasture would have very few legumes left, and be a stinky dry mess, and at least 70% of the herd would die of starvation.

15d ago  
 Notveganbutnotsure (7)

Meat requires more fertilizer (2x 50x) than vegan foods. So vegan diets will actually use less chemical fertilizers than meat, making it the more sustainable choice.

SUGGESTED CON  ... 

This is actually incorrect! most of the

nutrients provided to animals end up back in the soil as dung, and only a small percentage leaves the farm in the animal carcass. so close to all the incoming nutrients from the feed remain in the soil. Animals are inefficient with land use, not with nutrient use.

15d ago  
Notveganbutnotsure (7)

If people stop killing animals, due to going vegan, then wildlife could roam fields and provide some of the manure to counteract the manure shortage from farm animals.

**SUGGESTED CON**  ...    
This is absolutely untenable: 1) There is nowhere near enough wildlife to provide enough manure. 2) more importantly wildlife would destroy the crops! fences are not just to keep animals in, also to keep them out.




15d ago  
Notveganbutnotsure (7)

Reversing the effects of soil degradation could be achieved through vegan means, such as [no-till farming](#), [crop rotation](#), [cover crops](#), [compost](#), [biochar](#), and [no-till farming](#). So pasture animals are not necessary.

**SUGGESTED CON**  ...    
Vegan soil practices will only maintain or in the best-case scenario slightly increase soil's organic carbon content (the main factor affecting soil structure). Pasture animals on the other hand, consistently increase it (evidenced by studies conducted in [New Zealand](#) and [Australia](#)).




15d ago  
Notveganbutnotsure (7)

[Continuous cropping destroys soil structure](#) and causes massive erosion (think dust-bowl 1930s) while pasture animals can [improve soil degradation](#).

**SUGGESTED PRO**  ...    
Continuous cropping destroys soil structure and causes massive erosion (think: dust-bowl 1930s). Livestock is the most effective tool for combating this.




15d ago  
Notveganbutnotsure (7)

All humans should be vegan.

**SUGGESTED CON**  ...    
If you measure evolutionary success as population numbers and breeding success rate, from a purely evolutionary perspective, our domesticated animals are some of the most successful species on the planet. They are riding on our own evolutionary success. A totally vegan diet would result in a collapse of these populations, and an overall reduction in biodiversity in farmed soils (livestock improve soil biodiversity).

17d ago  
Aify (14)

That's speciesist. What about the choice of the non-human animal being chosen as "food"? Certainly they would much rather be free and not raised and slaughtered for a sandwich.

**SUGGESTED CON**  ...    
Veganism also denies processes which do not necessarily involve the killing of the animal. For example, Chickens can theoretically be raised to lay eggs, then set free when they stop producing.

19d ago  
helenitoo (74)

There is nothing about being vegan that prevents action on any other environmental or social issue. We can walk and sing at the same time.

**SUGGESTED PRO**  ...    
Veganism is just replacing one form of consumption with another, it is not solving the core problem which is the extreme consumption and capitalism in itself (a.k.a. the things causing environmental damage). The best solution is minimizing as much as you can. Vegans may not eat meat but most of them then go to whole

eat meat or then then go to those foods and buy packaged fruit which is bad use of plastic.

21d ago  
Flossy (1)

A vegan society would be better for the environment.

SUGGESTED PRO

No more animal cruelty, suffering, abuse, enslavement, torture to the gentlest of creatures ...humans do not need any animal products, it's myth, all marketing, to get ur money ..... we can live without meat dairy eggs and all by products, there are alternatives to everything now, so if you have a choice why would you choose cruelty when not needed, never was, I'm 53 and never eaten an animal and vegan for 32 years, never been ill, never had a cold, fit and healthy, Vegan 4 the animals

29d ago  
mycorizzal (1)

The meat production industry is itself unethical.

SUGGESTED CON

Much of modern food production is unethical and must be changed. Meat production can be an important part of an ethical and environmentally sustainable economy. Singling out meat production as unethical is to obvious and distracts from the overall issues in how we produce consume food today.

1mo ago  
chealey (6)

The meat production industry is itself unethical.

SUGGESTED CON

I work at a butcher. We obtain cruelty free meat and handle it with dignity, I think meat is necessary for humanity.

1mo ago  
AstroCamel (1)

Most of these 'essential' nutrients not found in foods are converted in the body from vegan precursors (except for those that can't - genetically, etc.), so this isn't an issue.

SUGGESTED CON

Additionally, as the global majority ages, the body becomes less efficient in producing the required amounts of nutrients, thus worsening the effects of predisposed nutrient deficiencies such as low density bone mass.

2mo ago  
ecoincmulligan (1)

The morals would not be justified if it comes at a cost or conflict with other important or grander values or people (lives, societies, etc.).

SUGGESTED PRO

If people can't manage the vegan diet properly and get malnourished or starves oneself for the sake of keeping with one's vegan beliefs, then it's not worth it.

2mo ago  
Connochaetes (13)

A vegan world would create new environmental harms.

SUGGESTED PRO

E.g. in Australia, most meat is produced by grazing on pastures - and it doesn't harm native ecosystems much. In contrary, crop cultivation means plowing and replacing the native vegetation by alien species of agricultural crop. Also many animals are being killed due to this process:  
[of theconversation.com](#)

